

# QUICK REFERENCE GUIDE TO *PROJECT SIGMA ESSEX* SEXUAL DIARY CODES

**STRUCTURE OF SEXUAL ACT:**  
Modality Behaviour , Outcome/diarist Outcome/  
Partner

**Modalities:**  
  
S ... elf  
  
H ... im  
  
A ... ctive  
  
P ... assive  
  
M ... utual

*Version of:  
20 April 1999*

**BEHAVIOURS**

W...anking  
F...ucking  
S...ucking  
DK..issing  
V...aginal intercourse  
CN **C**unnilingus  
RI...mming  
TF **T**high **F**uck  
FG **F**ingering  
FI...sting  
BR **B**ody **R**ub  
MA...ssage  
CP **C**orporal **P**unishment (of some form)  
DO...uching (Enema)  
TT **T**it **T**orture (Nipple play)  
WS **W**ater **S**ports  
FD **F**uck with a **D**ildo  
BD **B**ondage  
CB **C**ock & **b**all play/torture

Code	OUTCOME Destination
N	No ejaculation
X	Ejaculation `elsewhere'
I	On Me (ie: on EGO)
O	On Him (ie: on ALTER)
C	into a Condom
H	In Him (ie: in ALTER)
M	In Me (ie: in EGO)

### ACCOMPANIMENTS

**c** condom  
**p** poppers  
**l** lubricants  
**d** illegal drugs  
**a** alcohol  
**t** sex toys  
(including videos, tit-clamps...)

### OTHER

**&** means simultaneous act  
**,** separates outcomes from the act  
**/** to indicate the start of an accompaniment list.  
**#n:** partner number (in multiple partner sessions)

### HIV-1 antibody STATUS CODES:

**NEG** negative  
**POS** positive  
**NT** not tested

### SIGMA 9-FOLD TYPOLOGY

	Under 21 years	21 to 39 years	Over 39 years
One sexually exclusive partner	I	II	III
At least one regular partner, and others	IV	V	VI
No regular sexual partner	VII	VIII	IX